

## **SIMPLY GOOD KITCHEN**

1105 S. Adams Road  
Birmingham, MI. 48009

Wednesday, October 13, 2021 thru Friday, October 15, 2021

Phone: 248-203-2450 | [www.SimplyGoodKitchen.com](http://www.SimplyGoodKitchen.com)

*Parking Lot Pickup Hours: Only on Wednesdays 10:30 a.m. - 1:30 p.m.*

**In Store Shopping: Wednesday 1:30 p.m. – 6:30 p.m.**

**Thursday: 10:00 a.m. – 6:30 p.m.**

**Friday 10:00 a.m. – 6:30 p.m.**

**NOTE:** items highlighted in blue are new this week

### **Refrigerated Soups – All soups and Broth 1 qt. containers**

**Amish Chicken Noodle Soup (#109) \$10.95**

**Mexican Tortilla Soup (#103) (GF/DF) \$10.95**

**Minestrone Soup with Vegetables and Pasta (#106) \$10.95**

**Chicken Bone Broth – slow simmered 16 hours (#105) (GF/DF/No Sodium) \$6.95**

### **Frozen Soups are 1 qt. containers**

**Cream of Tomato Soup with Roasted Garlic (#122) (GF) \$10.95**

**Spicy Thai Coconut Soup with Vegetables and Rice (#112) (GF/DF) \$10.95**

**Vegan Lentil Lemon Soup (#115) (V/G/D) \$10.95**

### **Breakfast**

**Quiche with Herb Crust (#201) \$7.95**

filled with ham, Swiss cheese and caramelized onions

**Cinnamon Rolls with Cream Cheese frosting (#914) (Frozen) \$7.95**

### **Salad**

**Chicken Protein Bowl (#300) (GF) \$8.95**

quinoa, cottage cheese, hummus, vegetables, almonds and Soy-Sesame dressing

**Pickled Beet and Hummus Salad (#302) (GF) \$7.95**

cucumbers, Bulgarian feta cheese, pickled red onions and Greek dressing

**Kale, Quinoa Salad with Honey Apple Vinaigrette (#303) (DF/GF) \$6.95**

kale, red quinoa, golden raisins, dates, pears & pistachios

**Italian House Salad with Parmesan Dressing (#304) (GF) \$7.95**

romaine lettuce, chic peas, pickled red onions, cucumber and cherry tomatoes

**Meze Platter (#305) (GF) \$10.95 Served with Pita Chips or gluten-free crackers**

baba ghanouj, hummus, tabbouleh, spicy olives & Bulgarian feta cheese spread

**Burrata Salad (#314) (GF) \$10.95**  
arugula, tomatoes, beans, artichokes and Italian dressing

**Egg Salad with Dill (#307) (GF) \$4.95**  
**Ham Salad (#308) (GF) \$5.95**

**Chopped Greek Salad (#313) (GF) \$10.95**  
chopped Romaine lettuce, pickles beets, Bulgarian feta cheese and Greek dressing.  
Pita bread is served on the side. Pita contains wheat.

**Couscous Salad (#309) \$4.95**  
Cucumbers, tomatoes, celery, Bulgarian feta cheese (pasteurized), celery, dill

**Michigan Salad (#310) (GF) \$8.95**  
baby arugula, dried cherries, goat cheese-pistachio fritter, served with Fig vinaigrette

**Asian Crunch Salad (#311) (Vegan/GF/DF) \$7.95**  
Asian slaw with the crunch of almonds, peanuts & sesame seeds, soy-sesame dressing  
& sweet chili sauce

**Tuna Salad (#312) (GF) \$6.95**  
white Albacore tuna, celery, carrots, mayonnaise, cottage cheese, lemon juice a hint of  
sweet jalapeños

**Amish Chicken Salad (#318) (GF) \$6.95**  
roasted chicken with celery, grapes, golden raisins & almonds

**Individual Portion Sautéed Faroe Island Salmon (#703) (GF/DF) \$8.95**  
**Individual Portion Sautéed Amish Chicken Breast (#514) (GF/DF) \$4.95**

## Sides/Snacks/Appetizers

**Croutons made with Honey White dough, Roasted Garlic Oil and Parmesan (#3010) \$5.95**

**Hummus (#3009) (Vegan/GF/DF) \$5.95**

**Spicy Hummus (#3008) (Vegan/GF/DF) \$5.95**

**Orange Rosemary Olives (#3006) (GF/DF) \$5.95**

**Spicy Harissa Greek Olives (#3007) (GF/DF) \$5.95**

**Tabbouleh (#3000) (Vegan/GF/DF) \$5.95**

**1 qt. Pickled Beets (#3001) (Vegan/GF/DF) \$7.95**

**Pickled Red Onions (#3015) (Vegan/GF/DF) \$4.95**

**Marcona Almonds (#3002) (Vegan/GF/DF) (8 oz.) \$9.95**

**Cashew Nuts (#3011) (Vegan/GF/DF) (8 oz.) \$6.95**

**Bulgarian Feta Cheese Spread (pasteurized) (#3003) (GF) \$7.95**

This spread is great with pita chips or on a sandwich.

**Frank's Red Hot Chicken Wings (#3004) (you bake) (GF/DF) \$11.95**

**BBQ Chicken Wings (#3005) (you bake) (GF/DF) \$11.95**

**House Smoked Salmon (#704) (GF/DF) \$8.95 per piece.**

Fully cooked, just thaw & serve

**Green Bean Casserole with crunchy topping (#3012) (Frozen) \$6.95**

## Sandwiches

### **Amish Chicken Caesar roll-up (#400) \$7.95**

Whole Wheat wrap, sautéed chicken breast, romaine lettuce, parmesan cheese and Caesar dressing

### **Tuna Melts, White Albacore Tuna and Cheddar Cheese (#401) \$7.95**

Set of honey white rolls topped with white Albacore tuna salad and cheddar cheese

## **Poultry Entrées.** All of our poultry comes from Miller's Amish Chicken Farm

### **Chicken Pad Thai with Side of Sweet Chili Sauce (#511) (GF/DF) \$12.95**

stir fried rice noodles with flavors of sweet, salty and sour, chopped peanuts and cilantro

### **Chicken Chili with Cheddar cheese (#508) (GF) \$8.95**

Tomatoes, red beans, white beans, sweet potatoes, onions

### **Pumpkin Seed and Panko crusted Chicken Breast with Roasted Butternut squash sauce (#524) \$13.95**

served with cranberry chutney, rice pilaf and green beans

### **Chicken Bolognese with Spaghetti & Mushroom Parmesan Sauce (#510) \$12.95**

Ground Amish chicken stewed with red wine, tomatoes and vegetables

### **Chicken Marsala (#504) (GF) \$13.95**

mushroom Marsala sauce, mashed potatoes and green beans

### **Chicken Lasagna (#505) (Frozen) \$10.95**

pasta, ground chicken slow simmered with red wine and tomatoes

## Vegetarian Entrée

### **Vegan Lentil Enchiladas with Spicy Harissa Sauce (#600) (FROZEN) \$11.95**

served with Mexican style rice

### **Cashew Cauliflower with Quinoa (#602) (V/DF/GF) \$12.95**

Sauteed cauliflower and sweet potatoes Served with a coconut-cashew sauce with side of sweet chutney

### **Spinach Cheese Pie, Vegetarian (#603) \$7.95 (FROZEN)**

flaky phyllo dough wrapped around baby spinach, Bulgarian feta cheese and dill

### **Vegetarian Macaroni and Cheese (#604) \$7.95 (FROZEN)**

made with 2% milk, French Raclette cheese and crunchy bread crumb topping

## Fish Entrées

### **Sauteed Faroe Salmon with Hummus, Sumac Sauce (#700) (GF/DF)\$15.95**

rice pilaf with red quinoa, dill and roasted pickled beets

### **Chili Lime Shrimp with Thai Curry sauce (GF/DF) (#714) \$16.95**

stir-fried vegetables and Jasmine rice

**Swordfish with Herb sauce (Chimichurri sauce) (#715) (GF) \$19.95**  
Herb sauce is a blend of parsley, cilantro, cabernet vinegar, olive oil, red chili flakes.  
Rice pilaf and green beans.

**Individual Salmon Burgers / Pattie (#717) (GF) (FROZEN) \$8.95**  
ground Faroe Island salmon, capers, lemon, dill

## Meat Entrée

**Stuffed Polish Cabbage with Mushroom-Dill sauce (#823) \$13.95**  
Mashed Potatoes and Green Beans

**Beef Stroganoff with Egg Noodles (#816) \$17.95**  
Slow simmered beef chuck with sour cream gravy, sauteed mushrooms and onions

**Pork Tenderloin with Craig sauce (#821) (GF) \$15.95**  
Apple-mustard sauce, cheddar cheese scalloped potatoes and green beans

## Dessert

**Apple Daddy (#915) \$8.95**

**Cannoli Trifle (#916c) \$8.95** / sponge cake-soaked orange-marsala wine, layered  
sweet ricotta cheese and chocolate ganache

**Chocolate Pudding with Vanilla Whipped Cream (#903a) \$4.95**

**Rice Pudding (#900a) (GF) \$4.95**

**Rice Pudding with Raisins (#901a) (GF) \$4.95**

**Tapioca Pudding (#902a) (GF) \$4.95**

**Peanut butter Stuffed Ritz Crackers Dipped in Milk Chocolate (#910) \$3.95**

**Peanut butter Stuffed Ritz Crackers Dipped in Dark Chocolate (#911) \$3.95**

**Chocolate "Speed Bump" Cake (#900c) \$7.95**

**Pedal Bar/Dark Chocolate (#903) (GF/DF) \$4.95**

**Paddle Bars /Peanut butter (#904) (GF/DF) \$4.95**

**U-Bake Chocolate Chip Cookies, 6 per package \$10.95**  
(#900) Regular or (#901) Gluten Free - Baking directions on package.

**U-Bake Lemon Drop Cookies, (#902) 6 per package \$10.95 – Baking Directions on Package.**

## Freezer

**Old Fashion Chicken Pot Pie (#506) \$12.95**

**Gluten Free Old Fashion Chicken Pot Pie (#507) \$12.95**

**Honey White Rolls, 6 per pack (#402) \$3.95**

**Frank's Red Hot Chicken Wings (#3004) (you bake) (GF/DF) \$11.95**

**BBQ Chicken Wings (#3005) (you bake) (GF/DF) \$11.95**

**House Smoked Salmon (#704) (GF/DF) \$8.95 per piece. cooked, just thaw & serve**

**Marinara Sauce (#605) (Vegan/GF/DF) \$9.95, 1 quart**

**Puttnesca Sauce (GF/DF) \$14.95, 1 quart**

## Frozen Desserts

**Gluten Free - Chocolate Speed Bump Cake (#901c) (FROZEN) \$7.95**

## Frozen one-pound packages

- Amish Chicken Pasta Bolognese Sauce (#1000) (GF/DF) \$9.95**
- Vegan/Vegetarian Pasta Bolognese Sauce (#1001) (GF/DF) \$9.95**
- Sloppy Joe, made with Beef (#1002) (GF/DF) \$8.95**
- BBQ Pulled Pork (#1006) (GF/DF) \$10.95**
- Mexican Chorizo and Potatoes Taco filling (#1003) (GF/DF) \$8.95**
- Chicken and Green Chili Taco filling (#1005) (GF/DF) \$8.95**
- Beef and Green Chili Taco filling (#1004) (GF/DF) \$9.95**

## "Simply Good" Homemade Sausage

*(No Nitrate/Nitrites and without Gluten) 4-links per package*

- Chicken and Green Chilies Sausage (#2000) (GF/DF) \$7.95**
- Chicken, Parmesan and Parsley Sausage (#2001) (GF) \$7.95**
- Chicken Marsala Sausage (#2002) (GF/DF) \$7.95**
- Smoked Chicken Apple Sausage (#2003) (GF/DF) \$7.95**
- Chicken Blue Buffalo (#2004) (GF) \$7.95**
- Bratwurst (#2005) (GF/DF) \$7.95**
- Fresh Polish Kielbasa (#2006) (GF/DF) \$7.95**
- Sweet Italian Sausage (#2007) (GF/DF) \$7.95**
- Spicy Italian Sausage (#2008) (GF/DF) \$7.95**
- Pork, Parmesan and Parsley Sausage (#2009) (GF) \$7.95**
- Greek Gyro Sausage (#2010) (GF/DF) \$8.95**
- Smoked Bacon Maple Sausage (#2011) (GF/DF) \$7.95**
- Smoked Andouille (#2012) (GF/DF) \$7.95**
- Mexican Chorizo (#2013) (GF/DF) \$7.95**
- French Garlic "Toulouse" Sausage (#2014) (GF/DF) \$7.95**
- Corned Beef and Swiss Sausage (#2015) (GF) \$8.95**
- Swedish Potato Sausage (beef, potatoes and onions) (#2016) (GF/DF) \$8.95**

*Simply Good Kitchen's mission is to cook simple, good food. We cook from scratch, using all natural ingredients. We hope you enjoy the food from our kitchen as much as we enjoy creating it for you.*